

Available Classes

Martial Arts Classes

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Asah Sharks	-	-	5:10	4:00	-	9:00
Little Ninjas	4:50	-	-	-	6:00	9:30
Basic Training (White, Yellow, Orange)	3:30	4:50	3:30	6:20	5:20	10:00
Black Belt Training Course (Purple, Blue, Green)	4:00	7:30	4:20	5:30 class 7:10 sparring	4:40	10:30
Black Belt Training Course (Brown - Black)	5:30	4:00	6:40	4:40 class 7:10 sparring	4:00	10:30
Masters/Teens (All Belts)	6:20	4:00	5:50	8:00 sparring	6:40	11:00
Adults (All Belts)	7:10	6:20	7:30	8:00 sparring	6:40	11:00

- **SPARRING** is on Thursdays. ALL purple belts and higher should spar. This is the BEST WAY for students to gain confidence in their self defense skills.
- White, Yellow, Orange belts in Black Belt Training Course stay an extra 15 minutes after their class time to work on their specific curriculum.
- **PRIVATE LESSONS** are available and scheduled around the instructor's availability as well as the students. Ask for pricing and details.
- BIRTHDAY PARTIES are available on Saturdays starting at 1:00. Ask for details or reservations.