



# TURBO KICK™

The Evolution of Kickboxing  
Created by fitness celebrity Chalene Johnson



Burn up to 1,000  
calories per workout

**FREE**

INTRO CLASS  
MARCH 14th  
9:00 am

**STARTING MARCH 14TH**

The cardio workout sweeping the Nation!  
Maximize your workout with ab sculpting moves  
and fat burning cardio set to the hottest dance  
music. The workout that feels like a party has  
finally arrived.

3 Days A Week

127 W. Louise Ave. Manteca  
Orchard Supply Hardware  
Shopping Center

**209.823.2662**

Rockin' Music ■ Simple Dance Grooves ■ Athletic Drills ■ High Engery Routines ■ Kickboxing with an Edge