

# A\*I\*K\*A



## Weekly Class Schedule

Class Times	Monday	Tuesday	Wednesday	Thursday	Friday
<b>4:15</b>	Beginners	Little Dragon	Little Dragon	Beginners	
<b>5:00</b>	<b>Kids Sparring</b> Ages 5-11	Beginners	Novice	Little Dragon	Novice
<b>5:45</b>	Novice	Novice	Intermediate	<b>Competition Class</b> (5:30)	Intermediate and Advanced
<b>6:30</b>	Intermediate	Advanced	Advanced	Intermediate	
<b>7:15</b>	Advanced	Black Belt Class	Teens Only Ages 12 - 17	Adult and Teens	
<b>8:00</b>	<b>Adult &amp; Teen sparring</b> Ages 12 and up	Adult and Teens	Adults Only Ages 18 and up		

**Tip Testing - Last Tuesday** of the month - 4:30 to 7:00

- Bring your equipment to all classes.
- Attend a **minimum** of 2 classes per week.
- Attend a **maximum** of 3 classes per week.
- Arrive 5 -10 minutes prior to scheduled class.
- If you are late, please wait outside dojo door with your attendance card in hand. (Wait for an instructor to invite you in so that you don't interrupt class.)
- Practice at home for better results.
- Always show **RESPECT!**
- Always have **FUN!**

**Little Dragon** – ages 3-5 All Ranks

**Beginners** – ages 6-11 – White Belts and Yellow Belts

**Novice** – Orange Belt, Advanced Orange Belt and Blue Belt

**Intermediate** – Green Belt, Advanced Green Belt and Brown Belt

**Advanced** – Intermediate Brown Belt, Advanced Brown Belt and Jr. Black Belt

**Adult and Teens** – Ages 12 and up – All Ranks

### ***Extra Curricular Classes:***

***Kids Sparring*** – Ages 6 - 11

***Adult and teen sparring*** – Ages 12 and up

***Competition Team*** – Orange belt and up

480-883-3131 \* [www.ArizonaIKA.com](http://www.ArizonaIKA.com)