



Kuk Sool Pasadena

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February 2012 - Quarterly - Belt Examination Registration Form

Student Name: _____ Age: _____ Email: _____
Cell #: _____ Home # _____ Current Rank: _____

Testing Date:

White Belts – Feb 3rd - 6:30pm
Colored Belts – Feb 4th - 10:30am
Dahn Bo Nyms – Feb 4th - 8:00am
Black Belts – Jan 30th -7:00pm

Reminder:

Each Student **MUST** complete and turn in a Belt Examination Registration Form. Forms should be received at the office no later than January 19th. Any Examination Registration Form received after January 19th will require a \$10 Late Registration Fee. Any Forms received after January 24th will be eligible for Make Up Testing.

REGISTER NOW! **90 DAY**

Buddy - Fitness Challenge
Lose Weight - Feel Great
Starting January 16th

GRAND PRIZE \$500 7 946
1 5425
3
(And you get to look GREAT!)

90 Day Fitness Challenge

Registration \$149
(Students & Non Students Welcome)
See an Instructor for more information.
Join the Fun NOW!
The Winning Team Will Be Determined By The Best Overall Fitness Improvement
Registration Closes January 16th - Space Is Limited

How would you rate your training at Kuk Sool Pasadena?

1 (Poor) 2 (Sufficient) 3 (Good) 4 (Excellent)

If you could improve one aspect of your training, what would it be?

How much time do you train outside of class per week?

1 (None) 2 (10 – 30 minutes) 3 (30 – 45 minutes) 4 (45 minutes – 1 hour)

Where would you rate progress & understanding with your rank level Hyung?

1 (Poor) 2 (Sufficient) 3 (Good) 4 (Excellent)

To what extent have you been able to meet your initial goals through your training?
(ie. Balance, Strength and Fitness, Focus Self Discipline Principles...etc)

1 (No Gains) 2 (Marginal Gains) 3 (Definite Gains)
4 (Substantial Gains) 5 (Exceeded Original Goals)

The following questions are to be completed by the parent or guardian of student under 13.

Has your child expressed gratitude to you for support and transportation to / from class?

Yes

No

Does your child show respect towards you, teachers and family members?

Yes

No

Reminder:

All Dahn Bo Nyms wishing to participate in testing **MUST** bring their Sparring Gear & Weapons to testing.

_____	_____	_____	_____
Student Signature	Parent Signature	Date Rec'd	Rec'd By